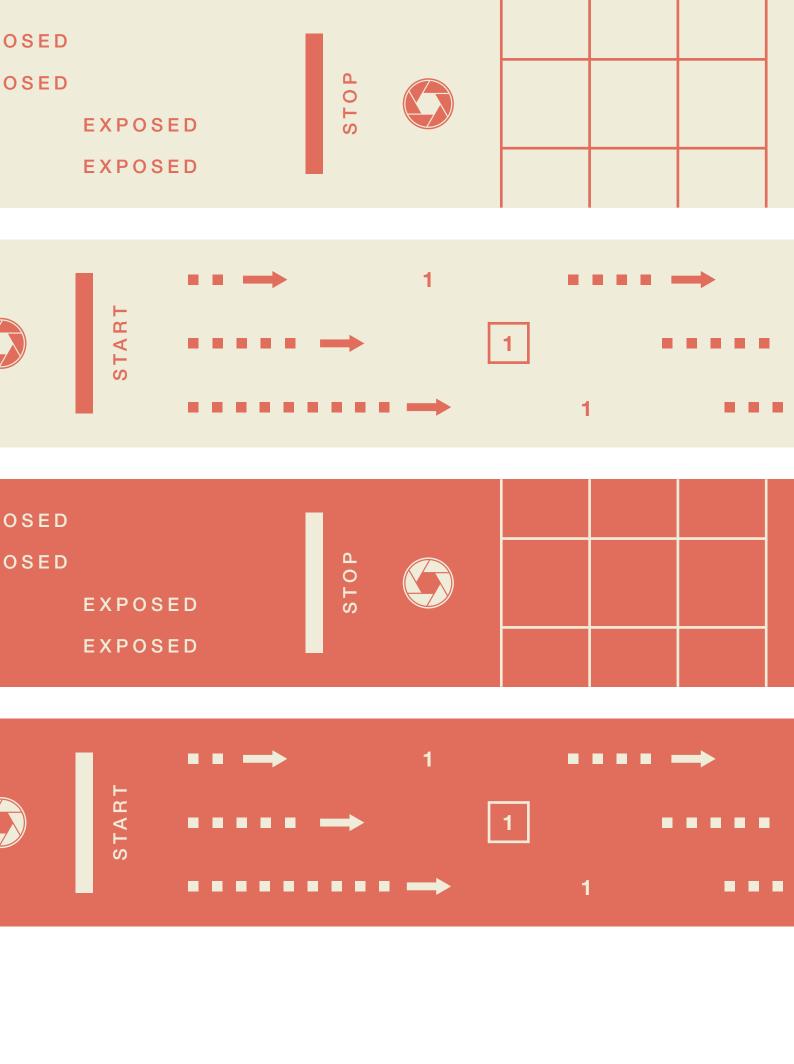
ESCAPING REALITY

AND FIGHTING LONELINESS THROUGH ART

THESIS DOCUMENT

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SCHOOL OF VISUAL ARTS - NEW YORK

ART PRACTICE MFA

CLASS 2021



I dedicate this thesis

to the loving memory of my two grandmothers who showed me how tragic and wonderful life can be.

I would like to thank

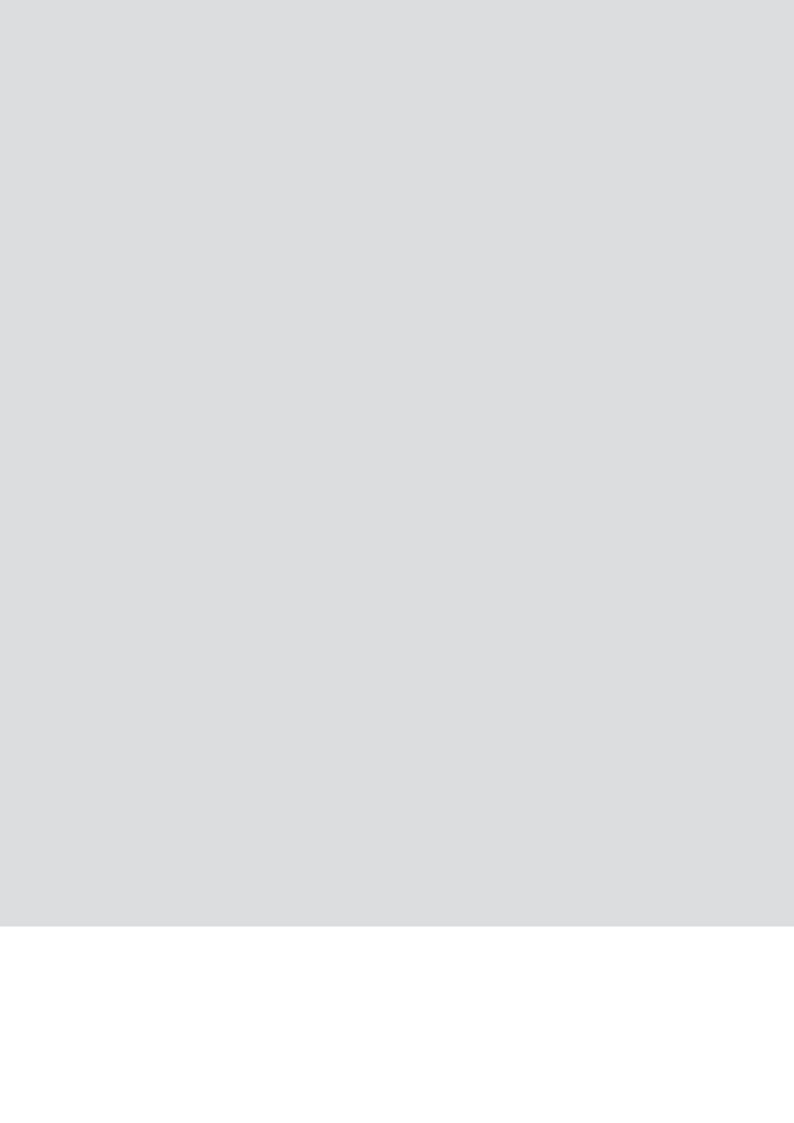
Thyrza Goodeve and Stefan Saffer for their support and guidance in my quest to find my voice.

Special thanks

to Eszter Wolf who led me back to the joy of painting.



Me and my younger brother with all four of our grandparents



It is what one takes into solitude that grows there, the beast within included.

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NIETZSCHE Thus Spoke Zarathustra



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Preface

In this thesis document I place myself, my experiences and my own life story under the microscope. My quest is to understand isolation and loneliness, how it affects people and how it affected me to make art. I will intertwine my own autobiography into this work in order to create my personal context with the body of research.

All my life I wanted one thing only, to become an artist. To live like an artist. To create, to inspire, to influence, to engage and to be part of a discussion. To me art means that I am alive, I am part of my community.

Without making art I feel like I am drifting. Not steering my life. I need to make art every day, to feel that I am using my time in this world. It is an inner pressure that stems from the idea that I will belong to the outside world if I make art. I will be part of something bigger than myself.

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